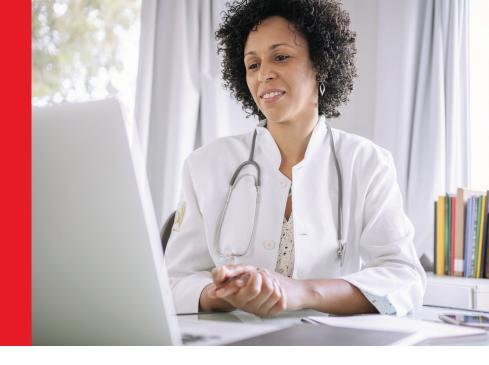
Helpful Asthma Resources



Tobacco and Vaping

- 1-800-QUIT-NOW
- Smokefree.gov
- Teen.smokefree.gov
- Smoke Out: Tobacco Pirates app

Flu and COVID resources

- $\hbox{$\bullet$ https://www.texaschildrenshealthplan.org/flu-shot}\\$
- https://www.texaschildrenshealthplan.org/covid/information

